Hitenkai
School of Japanese Martial Arts

NEW STUDENT REGISTRATION FORM
Karate Program

Overview
Karate (空手), also known as "Karate-do", is a martial art which originated from the Okinawa Prefecture of modern-day Japan. The term karate-do translate today as "The Way of the Empty Hand" which indicates it's primary function as a striking martial art that uses the body. It is important to note that the suffix "-do" connotes another side of Karate separate from the physical fighting techniques. The suffix of "-do" refers to "do-zen" which is the spiritual cultivation of the individual through the practice of the martial art. "Do-Zen" is "moving meditation" where the pursuit of tranquility, balance, and harmony is practiced through pure focus of movement and technique. True, authentic karate-do is therefore a living art that follows the principles of self-improvement of both the physical self and the spiritual self.

Karate-do at Hitenkai
At Hitenkai, our goal is to create an environment and community where members may explore and improve their whole selves – in body, mind, and spirit – such that their lives, and the lives of those they touch, can be better each and every day. Improvement of 1% a day or a week or a month, over the course of a lifetime goes a long way.

Embedded in our curriculum is the study of Japanese culture and heritage, physical fitness and mobility, mental discipline and focus, and the importance of community contribution. The practice is accessible to anyone at any age and ability.

Experienced martial artists will find deeper connections to martial philosophy and pedagogy; Athletes will gain a deeper understanding in posture, balance, and control; and everyone will learn a framework for self improvement.

Schedule of Training
- Thursdays 7:30pm - 9:30pm at 85 Curlew Drive, Unit 111, Toronto, ON (near Victoria Park Ave and Lawrence Ave East)
- Sundays 2:00pm – 4:00pm at 45 Milner Ave, Scarborough, ON (Modo Yoga Scarborough)

Fees
- Regular Membership - $90/month
- Regular Membership (Quarterly) - $237/quarter ($79/month)

Important Information on Fees
- Payable via Interact e-transfer to **hitenkaidojo@gmail.com**
- Regular Membership is payable in advance at the 1st of each month

Uniform
- White Karate Gi (top) and White Karate pants - colours must both be white
- Sparring Gloves

Regarding Uniforms: Unless otherwise obtained through a Dojo Promotional Event, uniforms are obtained separately. It can be obtained by the student or ordered through the Dojo for a fee. A school crest will be provided to the student once they obtain a Uniform. Uniforms are NOT required right away. It is recommended to try the class for approximately 1 month before deciding upon a uniform.

CHOOSE YOUR MEMBERSHIP TYPE	
☐ Regular Membership (Monthly)	☐ Regular Membership (Quarterly)

STUDENT INFORMATION

Student Name (First and Last Name): _____

Phone Number: _____ **Date of Birth:** _____

Email Address: _____

Previous Experience:
Please indicate the type and number of years in other martial arts, dance, yoga, competitive sports, etc.

_____
_____
_____

Health and Safety:
Karate-do is a physical activity that involves upper and lower body work. Please list all conditions that the instructor should be aware of to ensure the safety of yourself and other participants.

_____
_____
_____

Emergency Contact Name: _____

Emergency Contact Information (phone number and email):

_____

Additional Information:
Relevant history, experience, discount codes, etc..,

_____

_____

POLICIES

AGREEMENTS AND COMMITMENTS

Hitenkai – School of Japanese Martial Arts (hereinafter referred to as "Hitenkai Dojo") is committed to providing a healthy community environment through promoting respect, cultural understanding, and volunteerism. A positive environment exists when all members of the community feel safe, included, and accepted, and actively promote positive behaviours and interactions.

The agreements and commitments apply to all instructors, participants, and observers during program activities, whether at the regular training locations or off-site.

- Hitenkai Dojo agrees to make available to students suitable facilities and competent instruction for teaching martial arts lessons, and providing qualified personnel trained in the procedures and traditions of the martial arts.

- The member agrees while using the facility or services acquired by Hitenkai Dojo, that they will comport themselves with respect to the culture and traditions of a Japanese martial art, as communicated to them by instructors and senior students.

- Hitenkai Dojo reserves the right to alter the days, hours of operation and classes if deemed necessary, to amend or add new policies as it may seem necessary from time to time.

- The member agrees unconditionally to pay the agreed upon tuition, and understands that the tuition is not affected by the member's facility usage and/or attendance, closing due to scheduled events, involvement in other activities, statutory holidays, vacations, and inclement weather.

- The member acknowledges that a service charge of $30 shall be paid to Hitenkai Dojo in the event of either a returned payment or missed payment. The member will also be liable for all costs incurred by the school in the collection of past due obligations.

- All participants and observers of classes, workshops, and tournaments shall abide by the general rules of "Fair Play": respecting the rules of the game, respecting officials and accepting their decisions, respecting the opponent and other participants, providing all participants with equal opportunities, maintaining dignity under all circumstances and demonstrating good sportsmanship.

- Respect and discipline are key elements of martial arts training and the understanding of their importance is a goal. We expect all participants and observers to practice: Respect for the Instructors, Respect for the other participants, Respect for the premises, venues, and other users of the space in which the program is being conducted, including 85 Curlew Drive, with regards to martial arts programs, respect for the rules of the venue (dojo), practice rules and the rules of competition. Respect for the officials (e.g. referees, judges), Participants and observers accept that reasonable forms of discipline will be employed to ensure respect for the aforementioned and to reinforce martial art teachings.

- Bullying or harassment by participants, instructors or observers will not be tolerated. Participants are encouraged to alert the instructor if they feel they have observed bullying or they feel they were bullied or placed in a position of potential threat.

- Foul or derogatory language and conduct are strictly prohibited in dojos, change rooms, classrooms and during any activity within Hitenkai Dojo programs. Foul or derogatory language refers to the use of offensive, abusive or insulting language or gesticulations.

Failure to comply with the Code of Conduct may result in consequences for any instructor, participant, or observer of programs, including but not limited to suspension and expulsion from any programs or activities, demotion of rank, and a revocation of Hitenkai Dojo membership.

PRIVACY POLICY

At Hitenkai – School of Japanese Martial Arts (hereinafter referred to as "Hitenkai Dojo") we are privileged each and every day to help members to achieve their personal improvement goals. We understand the need to protect personal information provided to us and take this role very seriously.

Our commitment to protecting the privacy and confidentiality of our members' personal information is addressed in this privacy policy. We want you to understand why we collect your personal information, how the confidentiality of this information is protected and how you can find out what information concerning you is recorded.

Personal Information

Personal information is information about you as an individual, and includes information that identifies you and that can be used to contact you. This includes such information as your name, birth date, e-mail address, mailing address, telephone number, banking information, credit card number, and the like. It may also include information about your health and fitness levels and personal goals, if you have communicated these to us. We also collect data about the services that you purchase from us, the frequency of your visits and about the specific equipment, classes and services that you take advantage of, so that we may constantly strive to offer you the best range of options.

Aggregate Data

We may also combine your personal information with that of other individuals to create aggregate data which we will use, for example, to improve our products and services and develop new ones. Aggregate data is general information about groups of customers but not about you as an individual. We may also disclose aggregate member data to be used in academic research (e.g., exercise adherence), provided, however, your data will never be individually identified or identifiable in reports of the research findings; only aggregated data (group averages) will be presented.

Photographs and Videos

Photographs and videos will be taken from time-to-time to promote Hitenkai Dojo and events/activities that we organize on our website and through social media. If you do not wish to have your photo or video posted online, please let us know.

Contacting Us

Hitenkai Dojo wants to hear from our members regarding any issues or comments they may have with respect to their memberships or any services offered by our club. We may record this information and

transmit it to our clubs in order to address them in an appropriate manner. When you contact us, by post, telephone, fax, email, SMS, live chat, through our website or through social media, we collect the information that you disclose to us. This may include details such as your name, address, telephone, email and phone number, as well as your questions, inquiries, comments, complaints or requests. If you correspond with us through any media, we may keep a record of that correspondence.

Surveys
From time to time, we may ask you to complete surveys that we use for research purposes and which we will use, for example, to improve our products and services and develop new ones. We will collect the information that you provide if you respond, however you are under no obligation to respond to them.

Identifying Purposes
We will not use or disclose your personal information for any purpose other than those for which it was collected, except with your consent or as required or authorized by law. Hitenkai Dojo collects personal information for the following purposes:

- to understand your personal and other related needs and objectives and to assist you in achieving them
- to determine your eligibility for membership and for receiving our products and services
- to process your membership payments and to ensure that your account remains up-to-date
- to invite you to participate in member surveys or other opinion-gathering devices that assist us in making our clubs more responsive to your needs
- to inform you of various matters relating to your membership
- to send you newsletters and other information about our products and services that we believe may be of interest to you
- to conduct contests, prize draws, competitions and other special promotions
- to protect against harm to the rights, property and safety of Hitenkai Dojo, our instructors, members and others

Telecommunications
Hitenkai Dojo may ask you for contact information such as your telephone, mobile or fax number or e-mail address, and keep and use this information as well as disclose it to other trusted third parties so that we or any of these third parties may contact you directly through these channels for the purpose of marketing (including telephone and e-mail marketing and automated telephone messages) of goods, services and special offers that may be of interest to you. Your consent to this is not a condition of your membership with Hitenkai Dojo and you may withdraw it at any time (see below).

Consent
Your knowledge and consent are required for the collection, use, or disclosure of your personal information. When you become a member of Hitenkai Dojo, you consent to the use of your personal information for the purposes listed above. You may refuse or withdraw your consent at any time; however, we may not then be able to provide you with our full range of services. We will advise you when you refuse or withdraw your consent of the impact that will have on what we are able to provide.

Third Party Disclosure
Except as set out in this policy or as required or permitted by law, Hitenkai Dojo will not sell or disclose

any of your personal information to any other organization or transmit personal information to third parties without first obtaining your consent. Hitenkai Dojo may, however, disclose information in the following cases:

- to enforce or apply our membership agreements
- to protect the rights, property or safety of Hitenkai Dojo, our instructors, our members and others
- to comply with a subpoena, warrant or order
- to a police force, if required by law
- to a person authorized by law or collective agreement
- to an investigative body or government institution which can oblige us to do so in emergency situations in which we believe that the life, health or safety of a member or other person may be in danger

RELEASE OF LIABILITY AND WAIVER (referred herein as the "Agreement")
The "Participant" being the undersigned individual and/or the individual which is named in this Registration Form.

The "Activity Provider" being Hitenkai.

IN CONSIDERATION OF the covenants and agreements contained in this Agreement and other good and valuable consideration, the receipt of which is hereby acknowledged, the parties to this Agreement agree as follows:

CONSIDERATION
1. Being of lawful age and in consideration of being permitted to participate in the activity described below, the Participant releases and forever discharges the Activity Provider, its owner, directors, officers, employees, agents, assigns, legal representatives and successors from all manner of actions, causes of action, debts, accounts, bonds, contracts, claims and demands for or by reason of any injury to person or property, including injury resulting in the death of the Participant, which has been or may be sustained as a consequence of the Participants' participation in the activity described below, and not withstanding that such damage, loss or injury may have been caused solely or partly by the negligence of the Activity Provider.

2. The Participant understands that the Participant would not be permitted to participate in the activity described below unless the Participant signed this Agreement.

DETAILS OF ACTIVITY
3. The Participant will participate in the following activity: Martial Arts lessons, programs, and/or events

ASSUMED RISK
4. The Participant understands and acknowledges that the activities provided by the Activity Provider has inherent risks associated to the nature of the activity. The Participant hereby assumes these risks as an inherent part of the activity.

CONCURRENT RELEASE

5. The Participant acknowledges that this Agreement is given with the express intention of effecting the extinguishment of certain obligations owed to the Participant and with the intention of binding the Participant's spouse, heirs, executors, administrators, legal representatives and assigns.

FITNESS TO PARTICIPATE

6. The Participant acknowledges that the Participant does not have any physical limitations, medical ailments, physical or mental disabilities that would limit or prevent the Participant from participating in the above-mentioned activity. If required, the Participant will obtain a medical examination and clearance

FULL AND FINAL SETTLEMENT

7. The Participant hereby acknowledges and agrees that the Participant has carefully read this Agreement, that the Participant fully understands the same, and that the Participant is freely and voluntarily executing same.

8. The Participant understands that by signing this Agreement, the Participant agrees to be forever prevented from suing or otherwise claiming against the Activity Provider for any property loss or personal injury that the Participant may sustain while participating in or preparing for the above-noted activity.

9. This Agreement contains the entire agreement between the parties to this Agreement and the terms of this Agreement are contractual and not a mere recital.

GOVERNING LAW

10. This Agreement shall be governed by and construed in accordance with the laws of the Province of Ontario

SIGNATURE

I understand and agree to all conditions as set forth under the POLICIES section and subsections titled “AGREEMENTS AND COMMITMENTS POLICY”, “PRIVACY POLICY” and “RELEASE OF LIABILITY AND WAIVER”. By signing this form, I am in agreement to the policies and conditions above and will be considered binding.

Student Name:	
Signature (Adult only):	Date:

FOR STUDENTS UNDER THE AGE OF MAJORITY ONLY (MINORS)	
If the student is under the age of majority (18 years old), the parent or legal guardian must sign their name at the space below. By signing this form, the student's parents or guardians agree to all conditions as set forth under the POLICIES section and subsections titled "AGREEMENTS AND COMMITMENTS POLICY", "PRIVACY POLICY" and "RELEASE OF LIABILITY AND WAIVER". By signing this form, the parents or guardians are in agreement to the policies and conditions above and will be considered binding.	
Parent or Guardian's Full Name:	
Parent or Guardian's Signature:	Date:

FINALIZE REGISTRATION
To complete your registration, please submit your fee via Interac e-transfer to hitenkaidojo@gmail.com

If you entered a code in the "additional information" box previously, please wait for an email from us to confirm your payment amount. Sales are final. If you have any questions, please don't hesitate to reach out. Thank you and welcome to Hitenkai!

Frequently Asked Questions (FAQ)
What equipment will I need to participate?
Please come with workout clothes (e.g. t-shirt and track pants) and avoid any loose jewellery or accessories.

Do I need a uniform?
Not right away. You may decide upon purchasing a uniform after one (1) month of training.

Where can I purchase a uniform?
You may purchase your own uniform or you may order it directly through the Dojo. If purchasing the uniform yourself, please ensure that both the top and pants are white in colour. For beginners, it is recommended to obtain a "lightweight" or "midweight" uniform.

When do I need to pay my fees?
Fees are always due in advance on the first of each month (or in advance of the class for Drop-In members) regardless of whether or not you choose to attend any classes for that month. Accommodations on fees can be made directly with Sensei.

Do I need to notify anyone if I will be absent?
Attendance is tracked every class so there is no need to notify the Dojo of short absences. However, for longer absences (ex. vacation, religious obligations, medical procedures, school, etc.) please feel free to inform us of such absences by email at hitenkaidojo@gmail.com.

I have XYZ physical/mental limitations. Will I be able to practice Martial Arts?
We have met many people from all walks of life, many of whom have some form of limitation (some minor and some severe). As each individual is unique, we encourage you to speak to Domingo-Sensei to discuss how you may be able to proceed with your Martial Arts journey.